

## **PG DEPARTMENT OF PSYCHOLOGY**

(STUDY CENTRE IGNOU 12105-P)

UNIVERSITY OF JAMMU

PSC/IGNOU/12105-P/25/21

Date:-29/01/2025

The Regional Director

IGNOU, Jammu

Jammu.

Sir,

The theory schedule for MAPC 1<sup>st</sup> year and 2<sup>nd</sup> year of July 2024 batch has been partially modified with reallocation of sessions to the academic Counsellors as per their availability.

It is submitted/attached herewith for your information please.

Thanking you

Yours faithfully,

*Dr. Sarita Sood*  
Dr. Sarita Sood  
Programme i/c

*PG Department of Psychology*  
Dr. Sarita Sood  
Programme in charge

12105-P

**INDIRA GANDHI NATIONAL OPEN UNIVERSITY**  
**REGIONAL CENTRE JAMMU**  
**FORMAT FOR THEORY COUNSELLING SCHEDULE**  
**ADMISSION SESSION: JULY, 2024**

LSC CODE: 12105-P  
LSC NAME: Department of Psychology

LSC CONTACT NUMBER:  
LSC E-MAIL: ignou12105@gmail.com

YEAR: 2025  
PROGRAMME: MAPC 2<sup>nd</sup> year

No. IGNOU/25/MAPC/21  
Dated: 29/01/2025

S.No	DATE	DAY	TIME		COURSE CODE	MODE OF COUNSELLING ONLINE/OFFLINE	NAME OF ACADEMIC COUNSELLOR	VENUE/BATCH
			FROM	TO				
1	27/02/2025	Thursday	3:30 PM	6:00 PM	MPCE 011	OFF LINE	Dr Princy Koul	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
2	28/02/2025	Friday	3:30 PM	6:00 PM	MPCE 011	OFF LINE	Dr Princy Koul	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
3	01/03/2025	Saturday	3:30 PM	6:00 PM	MPCE 011	ON LINE	Dr Princy Koul	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
4	02/03/2025	Sunday	3:30 PM	6:00 PM	MPCE 011	ON LINE	Dr Princy Koul	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
5	03/03/2025	Monday	3:30 PM	6:00 PM	MPCE 011	OFF LINE	Dr Princy Koul	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
6	04/03/2025	Tuesday	3:30 PM	6:00 PM	MPCE 012	OFF LINE	Dr Karuna Gupta	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
7	05/03/2025	Wednesday	3:30 PM	6:00 PM	MPCE 012	OFF LINE	Dr Karuna Gupta	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
8	06/03/2025	Thursday	3:30 PM	6:00 PM	MPCE 012	OFF LINE	Dr Karuna Gupta	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
9	07/03/2025	Friday	3:30 PM	6:00 PM	MPCE 012	ON LINE	Dr Karuna Gupta	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
10	08/03/2025	Saturday	3:30 PM	6:00 PM	MPCE 012	ON LINE	Dr Karuna Gupta	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
11	09/03/2025	Sunday	3:30 PM	6:00 PM	MPCE 013	ON LINE	Dr Dharvinder Singh	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
12	10/03/2025	Monday	3:30 PM	6:00 PM	MPCE 013	OFF LINE	Dr Dharvinder Singh	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
13	11/03/2025	Tuesday	3:30 PM	6:00 PM	MPCE 013	OFF LINE	Dr Dharvinder Singh	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
14	12/03/2025	Wednesday	3:30 PM	6:00 PM	MPCE 013	OFF LINE	Dr Dharvinder Singh	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
15	13/03/2025	Thursday	3:30 PM	6:00 PM	MPCE 013	ON LINE	Dr Dharvinder Singh	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
16	27/02/2025	Thursday	3:30 PM	6:00 PM	MPCE 021	OFF LINE	Dr Lovely Sabarwal	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
17	28/02/2025	Friday	3:30 PM	6:00 PM	MPCE 021	OFF LINE	Dr Lovely Sabarwal	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
18	01/03/2025	Saturday	3:30 PM	6:00 PM	MPCE 021	ON LINE	Dr Lovely Sabarwal	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
19	02/03/2025	Sunday	3:30 PM	6:00 PM	MPCE 021	ON LINE	Dr Lovely Sabarwal	P. G. Department of Psychology, University of Jammu/ July 2024 Batch

Dated: 29/01/2025

	03/03/2025	Monday	3.30 PM	6.00 PM	MPCE 021	OFF LINE	Dr Lovely Sabarwal	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
21	04/03/2025	Tuesday	3.30 PM	6.00 PM	MPCE 022	OFF LINE	Dr Mridula Bali	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
22	05/03/2025	Wednesday	3.30 PM	6.00 PM	MPCE 022	OFF LINE	Dr Mridula Bali	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
23	06/03/2025	Thursday	3.30 PM	6.00 PM	MPCE 022	OFF LINE	Dr Mridula Bali	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
24	07/03/2025	Friday	3.30 PM	6.00 PM	MPCE 022	OFF LINE	Dr Mridula Bali	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
25	08/03/2025	Saturday	3.30 PM	6.00 PM	MPCE 022	ON LINE	Dr Mridula Bali	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
26	09/03/2025	Sunday	3.30 PM	6.00 PM	MPCE 023	ON LINE	Dr Karuna Gupta	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
27	10/03/2025	Monday	3.30 PM	6.00 PM	MPCE 023	OFF LINE	Dr Karuna Gupta	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
28	11/03/2025	Tuesday	3.30 PM	6.00 PM	MPCE 023	OFF LINE	Dr Karuna Gupta	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
29	12/03/2025	Wednesday	3.30 PM	6.00 PM	MPCE 023	OFF LINE	Dr Karuna Gupta	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
30	13/03/2025	Thursday	3.30 PM	6.00 PM	MPCE 023	ON LINE	Dr Karuna Gupta	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
31	27/02/2025	Thursday	3.30 PM	6.00 PM	MPCE 031	OFF LINE	Dr Sarita Sood	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
32	28/02/2025	Friday	3.30 PM	6.00 PM	MPCE 031	OFF LINE	Dr Sarita Sood	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
33	04/03/2025	Tuesday	3.30 PM	6.00 PM	MPCE 032	OFF LINE	Dr Sarita Sood	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
34	05/03/2025	Wednesday	3.30 PM	6.00 PM	MPCE 032	OFF LINE	Dr Sarita Sood	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
35	10/03/2025	Monday	3.30 PM	6.00 PM	MPCE 033	OFF LINE	Dr Lovely Sabarwal	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
36	11/03/2025	Tuesday	3.30 PM	6.00 PM	MPCE 033	OFF LINE	Dr Lovely Sabarwal	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
37	17/03/2025	Monday	3.30 PM	6.00 PM	MPCE 046	OFF LINE	Dr Sarita Sood	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
38	18/03/2025	Tuesday	3.30 PM	6.00 PM	MPCE 046	OFF LINE	Dr Sarita Sood	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
39	19/03/2025	Wednesday	3.30 PM	6.00 PM	MPCE 046	OFF LINE	Dr Sarita Sood	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
40	20/03/2025	Thursday	3.30 PM	6.00 PM	MPCE 046	ON LINE	Dr Sarita Sood	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
41	22/03/2025	Saturday	3.30 PM	6.00 PM	MPCE 046	ON LINE	Dr Sarita Sood	P. G. Department of Psychology, University of Jammu/ July 2024 Batch


 Dr. Sarita Sood  
 Program:  
 IGNOU ESC 12103-P  
 P.G. Digital HPC Psychology  
 Stamp  
 (Coordinator/PIC)

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**REGIONAL CENTRE JAMMU**  
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6	29/01/2025	Wednesday	3.30 PM	6.00 PM	MPC 002	OFF LINE	Dr Princy Koul	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
7	30/01/2025	Thursday	3.30 PM	6.00 PM	MPC 002	OFF LINE	Dr Princy Koul	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
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11	04/02/2025	Tuesday	3.30 PM	6.00 PM	MPC 004	OFF LINE	Dr Princy Koul	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
12	05/02/2025	Wednesday	3.30 PM	6.00 PM	MPC 004	OFF LINE	Dr Princy Koul	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
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IGNOU PSC 12105-P  
Dr. S. N. Deo  
Dr. P. G. Department of Psychology

	11/02/2025	Tuesday	3:30 PM	6:00 PM	MPC 003	OFF LINE	Dr Lovely Sabarwal	P. G. Department of Psychology, University of Jammu/ July 2024 Batch
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 Dr. Sarita Sehgal  
 Signature  
 SNOH PSC 12103-P  
 P.G. Deptt. of Psychology  
 (Coordinator H.C)