

INDIRA GANDHI NATIONAL OPEN UNIVERSITY
STUDY CENTRE-12105 (Ph No. 01912453996)
PG DEPT OF PSYCHOLOGY
UNIVERSITY OF JAMMU

No. PSC/IGNOU/12105P/MAPC/23/52
Dated:- 02/09/2023

From: Dr Sarita Sood
Programme Incharge

Counseling Schedule for MA (PSYCHOLOGY) Programme (MAPC) 1st Year, Session January, 2023

24/10/2023
Ashwan
24/10/2023
A.R.B.T.S.Y)

Date	Day	Course No	Session	
19-09-2023	TUESDAY	MPC001	I	OFF LINE
20-09-2023	WEDNESDAY	MPC001	II	OFF LINE
21-09-2023	THURSDAY	MPC001	III	OFF LINE
22-09-2023	FRIDAY	MPC001	IV	OFF LINE
23-09-2023	SATURDAY	MPC001	V	ON LINE
24-09-2023	SUNDAY	MPC001	VI	ON LINE

Course No.	Academic Counsellor
MPC001	Dr Lovely Sabarwal
MPC002	Dr Karuna Gupta
MPC003	Dr Mridula Bali
MPC004	Dr Sarita Sood
MPC005	Dr Dharvinder Singh
MPC006	Dr Dharvinder Singh
Timing :	3:30 pm to 5: 30pm

Date	Day	Course No	Session	
03-10-2023	TUESDAY	MPC003	I	OFF LINE
04-10-2023	WEDNESDAY	MPC003	II	OFF LINE
05-10-2023	THURSDAY	MPC003	III	OFF LINE
06-10-2023	FRIDAY	MPC003	IV	OFF LINE
07-10-2023	SATURDAY	MPC003	V	ON LINE
08-10-2023	SUNDAY	MPC003	VI	ON LINE

Note: Online Classes will be held at
12.00 pm to 2.00 pm

Dr Sarita Sood
Programme Incharge
IGNOU PSC 12105-P
P.G. Deptt. of Psychology

Date	Day	Course No	Session	
09-10-2023	MONDAY	MPC002	I	OFF LINE
10-10-2023	TUESDAY	MPC002	II	OFF LINE
11-10-2023	WEDNESDAY	MPC002	III	OFF LINE
12-10-2023	THURSDAY	MPC002	IV	OFF LINE
13-10-2023	FRIDAY	MPC002	V	ON LINE
14-10-2023	SATURDAY	MPC002	VI	ON LINE

Date	Day	Course No	Session	
15-10-2023	SUNDAY	MPC004	I	ON LINE
16-10-2023	MONDAY	MPC004	II	OFF LINE
17-10-2023	TUESDAY	MPC004	III	OFF LINE
18-10-2023	WEDNESDAY	MPC004	IV	OFF LINE
19-10-2023	THURSDAY	MPC004	V	OFF LINE
20-10-2023	FRIDAY	MPC004	VI	ON LINE

Date	Day	Course No	Session	
21-10-2023	SATURDAY	MPC005	I	ON LINE
22-10-2023	SUNDAY	MPC005	II	ON LINE
30-10-2023	MONDAY	MPC005	III	OFF LINE
31-10-2023	TUESDAY	MPC005	IV	OFF LINE
01-11-2023	WEDNESDAY	MPC005	V	OFF LINE
02-11-2023	THURSDAY	MPC005	VI	OFF LINE

Date	Day	Course No	Session	
03-11-2023	FRIDAY	MPC006	I	OFF LINE
04-11-2023	SATURDAY	MPC006	II	ON LINE
05-11-2023	SUNDAY	MPC006	III	ON LINE
06-11-2023	MONDAY	MPC006	IV	OFF LINE
07-11-2023	TUESDAY	MPC006	V	OFF LINE
08-11-2023	WEDNESDAY	MPC006	VI	OFF LINE

10502
24/10/23

VENUE OF THE COUNSELLING: P. G. Department of Psychology, Near P.G. Department of Education,
New Campus, University of Jammu, Jammu

- Note:
1. If no student turns up for the first two sessions then other sessions automatically stands cancelled
 - 2 All the students are advised to submit their assignments on or before the date fixed for the same. No assignment will be entertained after the due date.
 3. Concerned counsellors are requested to mark the attendance from the students in every counselling session on the attendance sheet provided by the study centre.
 4. Counsellors are requested to submit their counselling bills along with attendance sheets. This would enable the study centre to process and make payments in due time.
 5. Counselling dates can be adjusted if Academic Counsellor is not available on that very date with other counsellor.

Copy to:

- 1 All students of MAPC (session January, 2023)
- 2 Regional Director, IGNOU Regional Centre, Rajinder Vihar, Phase-1 Bantalab, Jammu.
- 3 All Counsellors.

Dr. Sarita Sond
Programme Incharge
IGNOU PSC 12115-P
P.G. Dept. of Psychology
Programme Incharge

INDIRA GANDHI NATIONAL OPEN UNIVERSITY
STUDY CENTRE-12105 (Ph No. 01912453996)
PG DEPT OF PSYCHOLOGY
UNIVERSITY OF JAMMU

No. PSC/IGNOU/12105P/MAPC/24/103
 Dated:- 05/07/2024
 From: Dr Sarita Sood
 Programme Incharge

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20/11/24
ABO(Sy)
24/10/2024
Ashwan

Counseling Schedule for MA (PSYCHOLOGY) Programme (MAPC) 1st Year, Session January, 2024

Date	Day	Course No	Session	
19/07/2024	FRIDAY	MPC005	I	OFF LINE
20/07/2024	SATURDAY	MPC005	II	ON LINE
21/07/2024	SUNDAY	MPC005	III	ON LINE
22/07/2024	MONDAY	MPC005	IV	OFF LINE
23/07/2024	TUESDAY	MPC005	V	OFF LINE
24/07/2024	WEDNESDAY	MPC005	VI	OFF LINE

Course No.	Academic Counsellor
MPC001	Dr Karuna Gupta
MPC002	Dr Princy Koul
MPC003	Dr Lovely Sabarwal
MPC004	Dr Sarita Sood
MPC005	Dr Komal Sharma
MPC006	Dr Dharvinder Singh

Timing : 3:30 pm to 5:30pm

Date	Day	Course No	Session	
25/07/2024	THURSDAY	MPC004	I	OFF LINE
26/07/2024	FRIDAY	MPC004	II	OFF LINE
27/07/2024	SATURDAY	MPC004	III	ON LINE
28/07/2024	SUNDAY	MPC004	IV	ON LINE
29/07/2024	MONDAY	MPC004	V	OFF LINE
30/07/2024	TUESDAY	MPC004	VI	OFF LINE

Dr Sarita Sood
Programme i/c
IGNOU PSC 12105-P
P.G. Deptt. of Psychology

Date	Day	Course No	Session	
31/07/2024	WEDNESDAY	MPC001	I	OFF LINE
01/08/2024	THURSDAY	MPC001	II	OFF LINE
02/08/2024	FRIDAY	MPC001	III	OFF LINE
03/08/2024	SATURDAY	MPC001	IV	ON LINE
04/08/2024	SUNDAY	MPC001	V	ON LINE
05/08/2024	MONDAY	MPC001	VI	OFF LINE

Date	Day	Course No	Session	
06/08/2024	TUESDAY	MPC003	I	OFF LINE
07/08/2024	WEDNESDAY	MPC003	II	OFF LINE
08/08/2024	THURSDAY	MPC003	III	OFF LINE
09/08/2024	FRIDAY	MPC003	IV	OFF LINE
10/08/2024	SATURDAY	MPC003	V	ON LINE
11/08/2024	SUNDAY	MPC003	VI	ON LINE

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24/10/24

Date	Day	Course No	Session	
12/08/2024	MONDAY	MPC002	I	OFF LINE
13/08/2024	TUESDAY	MPC002	II	OFF LINE
14/08/2024	WEDNESDAY	MPC002	III	OFF LINE
16/08/2024	FRIDAY	MPC002	IV	OFF LINE
17/08/2024	SATURDAY	MPC002	V	ON LINE
18/08/2024	SUNDAY	MPC002	VI	ON LINE

Date	Day	Course No	Session	
20/08/2024	TUESDAY	MPC006	I	OFF LINE
21/08/2024	WEDNESDAY	MPC006	II	OFF LINE
22/08/2024	THURSDAY	MPC006	III	OFF LINE
23/08/2024	FRIDAY	MPC006	IV	OFF LINE
24/08/2024	SATURDAY	MPC006	V	ON LINE
25/08/2024	SUNDAY	MPC006	VI	ON LINE

VENUE OF THE COUNSELLING: P. G. Department of Psychology, Near P.G. Department of Education,
New Campus, University of Jammu, Jammu

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Copy to:

- 1 All students of MAPC (session January, 2024)
- 2 Regional Director, IGNOU Regional Centre, Canal Road, Jammu.
- 3 All Counsellors.

Dr. Smita Sood
10/2/2024
Dr. Smita Sood
Programme i/c
IGNOU PSC 12105-P
Programme Incharge
Dept. of Psychology