INDIRA GANDHI NATIONAL OPEN UNIVERSITY

REGIONAL CENTRE, JAMMU

SPMR COLLEGE OF COMMERCE PREMISES, CANAL ROAD, JAMMU, J&K – 180001

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S. no.	LSC CODE	NAME AND ADDRESS	PHONE NO. AND E-MAIL ID	PROGRAMMES ACTIVATED	LSC TIMINGS
01	1201	PROF. VIBHAKAR MANSOTRA D.D.E. EXAM BLOCKS, UNIVERSITY OF JAMMU DISTT – JAMMU J&K-180006	0191-2454351 ignou1201@gmail.com	PGDIBO BTS DTS CTS BCA MCA PGDDE PGDHE DCH DCE DNHE DECE CIG CNCC ADCM PGJMC CES CTE PGDRD CFN MTM CLD PGCR PGDT CHR CPFM CCP CWED MEG CRD MHD CDM CIT MAH PGDDM MPS MP MPB MCOM PGDAPP MARD MPA MSO MEC PGCAP MSC (CFT) PGD (CFT) MAEDS PGDEDS PGCEDS PGDFCS CNM PGCAP PGDIS PGDUPDL	Tuesday to Friday: 5 PM to 6:30 PM Saturday & Sunday: 10:30 AM to 1:30 PM Monday closed The Centre shall also remain CLOSED on all local/state holidays
02	1206	PROF. P K RAO DEPTT. OF GEOGRAPHY, GOVT. DEGREE COLLEGE, KATHUA DISTT-KATHUA, J&K-184101	01922-235571 01922-234315/234007 (FAX) ignou1206@rediffmail.com	BPP,BA,BCOM, PGDIBO BTS DTS CTS BSC CIT PGDHE DCH DCE DNHE CIG CTE PGDRD CFN MTM CHR CLD CWED CCP PGDDE MEG CRD CYP CTPM BSW MAH MCOM MARD MPA MSO PGDDM MEC CPLT CPVE DPLAD	Monday to Saturday: 2:00 pm to 4:00 pm Sunday: 10:00 am to 4:00 pm Holidays: 9:00 am to 2:00 pm
03	1207	DR. ABDUL RAOUF GOVT. DEGREE COLLEGE, RAJOURI DISTT-RAJOURI, J&K-185131	01962-26251 01962-261825 (FAX) ignou1207@gmail.com	BPP,BA,BCOM PGD IBO BTS DTS CTS BSC CIT PGDHE DCH DCE DNHE CIG CES CTE PGDRD CFN MTM CHR CLD CWED CCP PGDDE MEG CRD CTPM BSW MAH MPS MCOM MARD MPA MSO PGDDM MEC CUL	Monday to Saturday: 2:00 pm to 5:00 pm Sunday: 10:00 am to 1:00 pm Friday Closed
04	1208	PROF. BAGH HUSSAIN GOVT. DEGREE COLLEGE, POONCH DISTT- POONCH, J&K-185101	01965-220731 ignou1208@gmail.com	BPP BA CUL BCOM PGDIBO BTS DTS CTS BSC DCE PGDRD MTM DCH CIG CTE CIT CDM PGDHE CHR CPFM CLD MPS MCOM MARD MPA MSO PGDDM MEC	Monday to Saturday: 1:00 pm to 4:00 pm Sunday: 9:00 am to a2:00 pm
05	1232	DR. ANITA SHARMA GOVT. M.A.M COLLEGE, JAMMU, J&K-180004	0191-2430754 ignou1232@gmail.com	BPP BA BCOM BSC CPLT CTPM BSW PGDAC PGDESD	Monday to Saturday: 3:00 pm to 4:00 pm Sunday: 10:00 am to 1:00 pm
06	1235	PROF. Z A HASHMI COORDINATOR GOVT. DEGREE COLLEGE, DODA DISTT – DODA, J&K-182202	01996-234224 01996-233552 (FAX) ignou1235@gmail.com	BPP BA BCOM BTS PGDRD PGDT DCE DCH DTS CDM CES CFN CHR CIT CIG CLD CNCC CPFM CCP CRD CTE CTS CWDL BSW MAH MSO MARD MPA MEC MEG DAFE PGDDM DCYP DCE DUL	Monday to Saturday: 1:00 pm to 3:30 pm Sunday: 10:00 am to 2:00 pm

07	1250	PROF. SUDHIR SINGH GOVT. DEGREE COLLEGE (BOYS) , UDHAMPUR DISTT – UDHAMPUR, J&K-182101	01992-270523 01992-270239 (FAX) ignou1250@rediffmail.com	MTM BPP BA BCOM BTS MEG DTS,PGDRD PGDT DCE DCH PGCR DECE DNHE CDM CES CFN CHR CIT CIG CLD CNCC CPFM CCP CRD CWDL CTS BSW MAH MPS MARD MPA MSO MEC PGDDM MHD	Monday to Saturday: 2:00 pm to 5:00 pm Sunday: 9:00 am to 3:00 pm
08	1259	MS. KIRAN BALA SWAMI VISHVATMANAND SARASWATI DEGREE COLLEGE,SUNDERBANI RAJOURI,J&K-185153	01960-234830, 236893 01960-234713 (FAX) ignou1259@rediffmail.com contact@svsdegreecollege.com	BPP BA BTS CTS DTS MHD MPS	02:00 pm to 5:00 pm All working days Sunday (Full Day)
09	1267	DR. PAWAN SHARMA GOVT. DEGREE COLLEGE, KISHTWAR,J&K-182204	01995-259513 (FAX) ignou1267@gmail.com	BPP BSC DTS CFN CNCC BDP BTS CIG CTE CTS MAH MHD MEG MSO MPS MPA CUL	Monday to Saturday: 10:00 am to 4:00 pm Sunday: 10:30 am to 2:00 pm
10	1268	PROF. N K MANHAS GOVT. DEGREE COLLEGE, BHADERWAH,J&K-182222	01997-244155 (FAX) ignou1268@gmail.com	BPP BCOM BTS BSC BA BSW MEG PGDRD CES CFN CPFM CTE CTS CUL DPLAD MPS CPLT	Monday to Saturday: 2:00 pm to 5:00 pm Sunday: 10:00 am to 2:00 pm
11	1204-P	SH. C L SHIVGOTRA GOVT. COLLEGE OF EDUCATION, CANAL ROAD, JAMMU-180001	0191-2432301 2577401 (FAX) ignou1204@rediffmail.com	B.ED. DPE	Monday to Saturday: 9:00 am to 3:00 pm Sunday: 11:00 am to 2:00 pm
12	1205-P	DR. DINESH MAHAJAN DEPTT. OF COMMUNITY MEDICINE, GOVT. MEDICAL COLLEGE, JAMMU, J&K-180001	(0191) 2585334/625, ignou1205@gmail.com	PGDMCH	Winter: 10:00 am to 4:00 pm Summer: 8:00 am to 2:00 pm Sunday Closed
13	1212-P	DR. SANGEETA GUPTA DEPARTMENT OF LIBRARY SCIENCE, UNIVERSITY OF JAMMU, JAMMU,J&K-180006.	0191-2436778 sangitauniv@gmail.com ignou1212@gmail.com	MLIS BLIS	Monday to Friday: 5:00 pm to 6:30 pm Saturday & Sunday: 11:00 am to 2:00 pm
14	1214-P	PROGRAMME I/C COMPUTER CENTRE, UNIVERSITY OF JAMMU, JAMMU-180006.	suresh_jmu@yahoo.co.in ignou1214@gmail.com	CIT BCA MCA	Monday to Friday 2:00 pm 4:00 pm Sundays & Holidays closed
15	1254-P	DR. RATTAN PRAKASH KUDYAR A.S.C. COLLEGE OF MEDICAL SCIENCES AND HOSPITAL, SIDHRA, J&K	ignou1254@gmail.com doc.kudyar@gmail.com	PGDGM	Kept in abeyance
16	1257-P	PROF. SUDHA GUPTA GOVT. COLLEGE FOR WOMEN, GANDHI NAGAR, JAMMU-180004.	2435158 (FAX) ignou1257@gmail.com	MSC(DFSM) DNHE CFN CNCC	All working days excluding Sundays: 2:00 pm to 4:00 pm
17	1273-P	MRS. VIJAYANTI DUBEY MADR-E-MEHARBAN INSTITUTE OF HEALTH SCIENCES CHAK BALWAL,SERI PANDITA CHOWK, JAMMU, J&K-181122	0191-2597793-4/2470471 9419200416 mem.in.health@gmail.com ignou1273@gmail.com	DNA CMCHC CNIC CCEANM PGDPSM	Monday to Saturday: 12:00 Noon to 4:00 pm
18	1274-P	DR. RAJINDER KAUR GOVT. COLLEGE OF EDUCATION CANAL ROAD, JAMMU-180001	ignou1274@gmail.com	M.Ed. PGDSLM	All working days excluding Sundays & Holidays: 9:30 am to 3:30 pm
19	1278-P	PROGRAMME I/C GOVT. COLLEGE OF ENGG. & TECH., CANAL ROAD,JAMMU-180001	0191-2544863, 2546244 ignou1278@gmail.com sarbjeet23@rediffmail.com	BTME BTCM BTWRE ADCM ADWRE CIM ADCIMD DCIM CWHM ACPDM DCLE(G) DME PGDPM CETM	Saturdays: 4:00 pm to 6:00 pm Sundays: 10:00 am to 3:00 pm

20	1227-D (Jail)	SH. HARISH KOTWAL DISTRICT JAIL, AMBPHALLA, JAMMU-180001.	0191-2579358 ignou1227@gmail.com	BPP BA BCOM CIT CTS DTS BTS CWED CFN BSW	Jail inmates only
21	1256-D (Jail)	COORDINATOR I/C SUPDT. DISTRICT JAIL, UDHAMPUR (J&K)-182101	01992-270332 ignou1256@gmail.com	BPP CIT CFN	Jail inmates only
22	1264-D (RA)	SADAKET MALIK G.R. AZAD COLLEGE OF HIGHER EDUCATION CHANGA, BHALLESA, DODA-182222.	ignou1264@gmail.com	BPP BA BCOM BTS DTS CTS CFN CIG CIT MSO	All days: 10:00 am to 4:00 pm
23	1270-D (Jail)	DINESH SHARMA CENTRAL JAIL, KOT BHALWAL, JAMMU-181122.	0191-2623050 ignou1270@gmail.com	BPP BA BCOM BTS	Jail inmates only
24	1275-D (EEBB)	SHAFIA KOUSER ALFALLAH COLLEGE OF HR. EDUCATION, NEAR DESA ROAD, J&K-182202	01996-234522 ignou1275@gmail.com	BPP, BA, BCOM, CFM, MSO, MPA, MPS, PGJMC, MTM, BSW, BTS, MEG	Monday to Saturday: 10:00 am to 4:00 pm Sundays: 10:00 am to 5:00 pm
25	1277-D (EEBB)	SH. SHAKEEL AHMED VOICE COLLEGE OF HIGHER EDUCATION, CAMPUS OF GARDEN MODERN ACADEMY, GOOL, RAMBAN-182144.	svoiceg@yahoo.com ignou1277@gmail.com	BPP,BA,B.COM	Friday & Sundays: 10:00 am to 1:00 pm Other working days" 10:00 am to 4:00 pm
26	1279-D (CNRI)	DR. K R SHARMA SARNA NEHRU YOUTH CLUB, VPO SARNA, DISTT. SAMBA, J&K-184121.	ignou1279@gmail.com drkrsharma1279d@rediffmail.com	BPP, CLP, BA	Monday t Saturday: 2:00 pm to 4:00 pm Sundays: 10:00 am to 12 Noon
27	1280	MRS. VANDANA SHARMA BHARGAVA DEGREE COLLEGE, NATIONAL HIGHWAY, NEAR BASANTAR BRIDGE, SAMBA, JAMMU-184121.	01923-246169-70 01923-246169-246170 ignou1280@gmail.com	BA, B.COM, BTS, BPP, MEG, MSO	Monday to Saturday: 9:30 am to 2:30 pm
28	1281-D (PH)	MR. RAJINDER KUMAR MODEL INSTT. OF EDU. & RESEARCH BC ROAD,JAMMU-180001.	0191-2565098/2546078 akg_mier@rediffmail.com ignou1281@gmail.com	BEDSE(MR) CESE(MR) PGPDSE(MR) PGPCSE(MR)	Monday to Saturday 2:00 pm 5:00 pm Sundays & Holidays closed
29	1283-D (EEBB)	JABEEN AKHTAR N E E D S IQBAL NAGAR, SURANKOTE, POONCH J&K-185121	ignou1283@gmail.com	BPP, BA, BTS, CHR, MAH ,MSO,MPS,CUL	Monday to Thursday: 11:00 am to 3:00 pm Friday: 10am to 2pm Sunday: 1pm to 4pm Saturday closed
30	1284	PROF. OM RAJ GOVT.DEGREE COLLEGE,RAMBAN, KAROL KUNDI, P.O: CHANDERKOTE, J&K-182148	01998-266779 ignou1284@gmail.com	BA, BPP, CIT, CFN, CES, CTS, BTS, DTS, CCP	All working days: 10:00 am to 4:00 pm Sundays & Holidays closed
31	1285	DR. MOHINDER PAL GOVT. COLLEGE FOR WOMEN, GANDHI NAGAR, JAMMU, J&K-180004	0191-2435152 ignou1285@gmail.com	BPP, BA, BCOM, DAFE, CES	Monday to Saturday: 2:00 pm to 3:00 pm Sundays: 10:00 am to 4:00 pm
32	1287-D (CNRI)	MRS. NEELAM KUMARI MULTIPLE ACTION RESEARCH GROUP, VPO SLEHAR, R S PURA, JAMMU-181102.	01923-247140 ignou1287@gmail.com	BPP, CLP	Monday to Saturday: 10:00 am to 2:00 pm Sundays & Holidays closed
33	1288-P	JOHNNY KUTTY JOSEPH RAJIV GANDHI COLLEGE OF NURSING,CHAK BALWAL, SERI JAMMU.	ignou1288@gmail.com	B.Sc. Nursing (PB)	Kept in abeyance

34	1289-P	DR. M K TAYAL SERICULTURAL RESEARCH STATION, CENTRAL SILK BOARD, MIRAN SAHIB,JAMMU-181101.	01923-263339/263523 ignou1289@gmail.com	CIS	Monday to Friday 2:00 pm 4:00 pm Sundays & Holidays closed
35	1291-D (CNRI)	SH. HARI DUTT NATIONAL SOCIETY FOR HRD& RESEARCH, NAGRI, KATHUA, JAMMU-184101.	ignou1291@gmail.com	BPP, CIT, CLP	Monday to Saturday 3:00 pm 6:00 pm Sundays & Holidays closed
36	1293-D (CNRI)	COORDINATOR I/C SIYARAM INSTITUTE OF EDU. MGMT & TECHNOLOGY, PATYALACHAK, SANGRAMPURA, BLOCK MARH- 181205	ignou1293@gmail.com	BPP, CLP ,BA ,CES	Monday to Saturday 10:30 am 4:30 pm Sundays & Holidays closed
37	1294-D (RA)	MS. RITA DEVI GYAN GANGA PUBLIC SCHOOL, KISHANPUR (KHARTA), JAMMU-181224.	ignou1294@gmail.com	BPP, BA, CIG, CTE, CTS	Monday to Saturday 10:00 am 4:00 pm Sundays & Holidays closed
38	1295-D (EEBB)	COORDINATOR I/C EVERGREEN INST. OF COMPUTER & TECNICAL EDUCATION,CHATROO, KISHTWAR, J&K-182205	ignou1295@gmail.com	BA BPP CIG CES	Monday to Saturday 10:00 am 5:00 pm Sundays & Holidays closed
39	1296-D (EEBB)	MR. RAFIQ AHMED GOVT. HR. SEC. SCHOOL, MAHORE, REASI J&K-182315	ignou1296@gmail.com	BA BPP CTS	Monday to Saturday 11:00 am 5:00 pm Sundays & Holidays closed
40	1297-D (EEBB)	ABDUL HAFIZ FANI VOICE COLLEGE OF EDUCATION, MOHALLA HAVELLI, BHADARWAH J&K-182222	ignou1297@gmail.com	BA BPP BCOM	Monday to Saturday 11:00 am 5:00 pm Sundays & Holidays closed
41	1298-D (RA)	COORDINATOR I/C A S MEMORIAL TRUST,GANDHI INSTT. OF ETT, KARLAH,PATNITOP, J&K-182142.	ignou1298@gmail.com	BPP, BA	Monday to Saturday 1:00 am 5:00 pm Sundays & Holidays Closed
42	12100-P	MR. SHAKIL HUSSAIN VIT COLLEGE, PNB COMPLEX, 69, B C ROAD,REHARI CHUNGI, JAMMU-180005.	0191-2547975 ignou12100@gmail.com	BCA, CIT	Monday to Saturday 9:00 am 4:00 pm Sundays & Holidays Closed
43	12101-D (RA)	SH.RAJ KUMAR RAJYA ACADEMIC & VOCATIONAL INSTITUTE, PANTHAL ROAD, OPP. BHUMIKA TEMPLE, NALEY, KATRA-182301	ignou12101@gmail.com	BPP,CLP, BA	Monday to Saturday 11:00 am 5:00 pm Sundays & Holidays Closed
44	12102	TARSEM LAL GOVT. DEGREE COLLEGE,VILLAGE: PALWAN, AKHNOOR,JAMMU-181201	ignou12102@gmail.com	BPP, BA	Monday to Saturday: 10:00 am to 4:00 pm
45	12103	DAYA VILAS GOVT. G L DOGRA MEMORIAL DEGREE COLLEGE, HIRA NAGAR, KATHUA, J&K-184142	ignou12103@gmail.com 01922-274161	BPP, BA, CDM, CHR	Monday to Saturday: 3:00 pm to 5:00 pm
46	12104-D (Jail)	HARISH KOTWAL DISTT. JAIL, NAGRI ROAD, KATHUA-184101	ignou12104@gmail.com 01922-234771	BPP, BA	Jail inmates only

47	12105-P	PROF. ARTI BAKHSHI DEPTT OF PSYCHOLOGY, UNIVERSITY OF JAMMU, JAMMU-180006	ignou12105@gmail.com 01912453996 0191-2435248/2435259	CIG, MAPC	Monday to Friday: 03:00 pm to 5:00 pm Holidays closed
48	12106-D (EEBB)	MR. HASIB AHMED DIAMOND YOUTH CLUB, GHAT, DODA, J&K-182222.	ignou12106@gmail.com	BPP, BA	Monday to Saturday: 3:00 pm to 6:00 pm Sundays: 10:00 am to 12 Noon
49	12107-D (RA)	SH. B L SHARMA SMRITI RURAL CARE FOUNDATION, VPO: ATHULI, PADDAR,KISHTWAR, J&K-182204.	ignou12107@gmail.com	BPP, BA	Monday to Saturday: 2:00 pm to 6:00 pm Sundays: 10:00 am to 12 Noon
50	12108-P	PROF. NEERU SHARMA DEPTT. OF HOME SCIENCE, UNIVERSITY OF JAMMU, JAMMU-180006.	ignou12108@gmail.com	PGDCFT, MSCCFT	Monday to Friday: 03:00 pm to 5:00 pm Holidays closed
51	12109-D (M)	MS. HUMAIRA BANOO CHIRRAG COLLEGE OF MGMT. & TECH., 38, NEAR MASJID, BEHIND JAMKASH MOTORS, GUJJAR COLONY, CHANNI HIMMAT JAMMU-180015	ignou12109@gmail.com	BPP	Monday to Saturday 10:00 am 5:00 pm Sundays & Holidays closed
52	12110-P	RANJANA KHAJURIA KALRA COLLEGE OF EDUCATION,NH-1A, BYE PASS, OPP. NEW INDUSTRIAL AREA,BATTAL BALLIAN, UDHAMPUR, J&K-182126	7298271896 ignou12110@gmail.com	B.Ed., MAEDU	Monday to Saturday 10:00 am 5:00 pm Sundays & Holidays closed
53	12111-D (RA)	RAJINDER KUMAR SURYA COLLEGE OF EDUCATION, LOGATE MORH, NATIONAL HIGHWAY, KATHUA, J&K-184101	ignou12111@gmail.com	BPP, BA, MAEDU, PGDHE	Monday to Saturday 10:00 am 5:00 pm Sundays & Holidays closed
54	12112-D (EEBB)	HASMET ULLA SOUT-UL-FURQAN PUBLIC SCHOOL, PARABLE, MARMET, DODA, J&K-182201	ignou12112@gmail.com	BPP	Monday to Saturday 10:00 am 5:00 pm Sundays 10:00 am to 2:00 pm Holidays closed
55	12113-D (RA)	VANDANA KUMARI STIC INFOTECH ARNIA, TEHSIL: BISHNAH, JAMMU-181131	ignou12113@gmail.com 9018733099	BPP, BA	Monday to Saturday 10:00 am 5:00 pm Sundays & Holidays 10:00 am to 2:00 pm
56	12114-D (EEBB)	ZUBAIR AHMAD MATTOO INDERWAL EDUCATION INSTITUTE OF COMPUTER EDUCATION & APPLICATION, DRABSHALLA, KISHTWAR, J&K-182204	ignou12114@gmail.com 9906337088	BPP, BA	Monday to Saturday 10:00 am 5:00 pm Sundays & Holidays 10:00 am to 2:00 pm

57	12115-D (M) (EEBB)	ABDUL WAHEED SHEIKH ASIAN INSTITUTE OF INFORMATION TECHNOLOGY, BUS STAND, BANIHAL, J&K-182146	ignou12115@gmail.com 019982-255249	BPP	Monday to Saturday 10:00 am 5:00 pm Sundays & Holidays 10:00 am to 2:00 pm
58	12116	KEWAL KUMAR GOVT. DEGREE COLLEGE, RAMNAGAR, DISTT: UDHAMPUR, J&K	ignou12116@gmail.com 9622020519	BPP, BA, MSO	Monday to Saturday 1:00 pm 4:00 pm Sundays & Holidays Off
59	12117-P	SH. T.R. CHOUDHARY KENDRIYA VIDHYALAYA-1 JAMMU	trc.agt@rediffmail.com 0191-2430137 9419165912	CPPDPT	
60	12118	PROF. SHOKIT HUSSAIN GOVT. DEGREE COLLEGE, MENDHAR, DISTT: POONCH, J&k-185211	ignou12118@gmail.com 01965-226793	BPP, BA, DUL, CUL	
61	12119	PROF. P L SURI BHARTIYA COLLEGE OF EDUCATION, INDUSTRIAL ESTATE, DHAR ROAD, UDHAMPUR, J&K-182101	ignou12119@gmail.com 01992-277843/272114	BPP, BA	
62	12120D (RA)	MR. RAJEEV SHARMA GREEN VALLEY EDUCATION TRUST, MACHHEDI, BLOCK: LOHI, TEHSIL: BILLAWAR, DISTT: KATHUA, J&K-184204	ignou12120@gmail.com	BPP, BA	
63	12121D (RA)	MR. BHUVNESHWAREE PRASAD RAMISHT COLLEGE OF EDUCATION, BASOHLI, DISTT: KATHUA, J&K-184201	ignou12121@gmail.com 01921-251929	BPP, BA	
64	12122D (RA)	MR. ROMESH KUMAR DHAR EDUCATIONAL CHARITABLE TRUST, KAWAR, PO: DOOL, BLOCK: NAGSENI, TEHSIL & DISTT: KISHTWAR, J&K-182204	ignou12122@gmail.com 8803103608	BPP	