

# INDIRA GANDHI NATIONAL OPEN UNIVERSITY

## REGIONAL CENTRE, JAMMU

SPMR COLLEGE OF COMMERCE PREMISES, CANAL ROAD, JAMMU, J&K – 180001

[www.ignou.ac.in](http://www.ignou.ac.in), [www.ignourcjmu.nic.in](http://www.ignourcjmu.nic.in)

PH: 0191-2546529; FAX: 0191-2585154; E-mail: [rcjammu@ignou.ac.in](mailto:rcjammu@ignou.ac.in)

S. no.	LSC CODE	NAME AND ADDRESS	PHONE NO. AND E-MAIL ID	PROGRAMMES ACTIVATED	LSC TIMINGS
01	1201	PROF. VIBHAKAR MANSOTRA D.D.E. EXAM BLOCKS, UNIVERSITY OF JAMMU DISTT - JAMMU J&K-180006	0191-2454351 ignou1201@gmail.com	MEG MHD MAH MPS MP MPB MCOM MARD MPA MSO MEC MCA MAEDS MTTM PGDDE PGDHE PGDRD PGCR PGDT PGDEDS PGCEDS PGDFCS PGCAP PGDDM PGDIS PGJMC PGDAPP PGDUPDL BTS DTS CTS BCA DCH DCE DNHE DECE CRD CCP CHR CPFM CNM CWED CDM CIT CIG CNCC ADCM CES CTE CFN CLD	Tuesday to Friday: 5 PM to 6:30 PM  Saturday & Sunday: 10:30 AM to 1:30 PM  Monday closed The Centre shall also remain CLOSED on all local/state holidays
02	1206	PROF. P K RAO DEPTT. OF GEOGRAPHY, GOVT. DEGREE COLLEGE, KATHUA DISTT-KATHUA, J&K-184101	01922-235571 ignou1206@rediffmail.com	MAH MCOM MARD MEC MPA MSO MEG MTTM PGDRD PGDDE PGDIBO PGDHE PGDDM DPLAD DNHE DTS DCH DCE BCOM BSC BA BTS CPLT CPVE CHR CFN CLD CWED CCP CRD CYP CTPM CTS CIG CTE CIT <b>BPP * (On Hold)</b>	Monday to Saturday: 2:00 pm to 4:00 pm Sunday: 10:00 am to 4:00 pm Holidays: 9:00 am to 2:00 pm
03	1207	DR.BASHIR AHMED GOVT. DEGREE COLLEGE, RAJOURI DISTT-RAJOURI, J&K-185131	01962-26251 ignou1207@gmail.com	MTTM MAH MPS MCOM MARD MPA MEG MSO MEC PGDIBO PGDRD PGDDM PGDDE PGDHE BA BSW BTS BCOM DTS BSC DCH DCE DNHE CFN CHR CLD CWED CCP CTE CTS CRD CTPM CUL CIT CIG CES <b>BPP * (On Hold)</b>	Monday to Saturday: 2:00 pm to 5:00 pm Sunday: 10:00 am to 1:00 pm Friday Closed
04	1208	PROF. JASBIR SINGH GOVT. DEGREE COLLEGE, POONCH DISTT- POONCH, J&K-185101	01965-220731 ignou1208@gmail.com	MPS MCOM MARD MPA MSO MTTM PGDDM PGDIBO PGDRD PGDHE MEC BA BCOM BTS DTS BSC DCE DCH CIG CTE CIT CDM CHR CUL CPM CLD CTS <b>BPP * (ON Hold)</b>	Monday to Saturday: 1:00 pm to 4:00 pm Sunday: 9:00 am to a2:00 pm
05	1232	DR. ANIL KUMAR GANJOO GOVT. M.A.M COLLEGE, JAMMU, J&K-180004	ignou1232@gmail.com	PGDAC PGDESD BA BCOM BSC BSW CPLT CTPM MHD MSO MEG <b>BPP * (On Hold)</b>	Monday to Saturday: 3:00 pm to 4:00 pm Sunday: 10:00 am to 1:00 pm
06	1235	PROF. BABU RAM GOVT. DEGREE COLLEGE, DODA DISTT - DODA, J&K-182202	01996-234224 ignou1235@gmail.com	MAH MSO MARD MPA MEC MEG PGDRD PGDDM PGDT BA BSW BCOM BTS DCE DCH DTS DAFE DCYP DCE DUL CDM CES CFN CHR CIT CIG CLD CNCC CPFM CCP CRD CTE CTS CWDL <b>(BPP * on Hold)</b>	Monday to Saturday: 1:00 pm to 3:30 pm Sunday: 10:00 am to 2:00 pm

07	1250	PROF. ROMESH KUMAR ATRI GOVT. DEGREE COLLEGE (BOYS) , UDHAMPUR DISTT - UDHAMPUR, J&K-182101	01992-270523 ignou1250@rediffmail.com	MTTM MEG MAH MPS MARD MPA MSO MEC MHD PGDRD PGDT PGCR PGDDM BSW BA BCOM BTS DCE DCH DTS DECE DNHE CDM CES CFN CHR CIT CIG CLD CNCC CUL CPFM CCP CRD CWDL CTS <b>BPP *</b> <b>(ON Hold)</b>	Monday to Saturday: 2:00 pm to 5:00 pm Sunday: 9:00 am to 3:00 pm
08	1259	MS. KIRAN BALA SVS DEGREE COLLEGE, SUNDERBANI RAJOURI, J&K-185153	01960-234830, 236893 ignou1259@rediffmail.com	<b>MHD</b> MPS BA BTS CTS DTS <b>BPP *</b> <b>(On Hold)</b>	02:00 pm to 5:00 pm All working days Sunday (Full Day)
09	1267	PROF. S K SEN GOVT. DEGREE COLLEGE, KISHTWAR, J&K- 182204	01995-259513 ignou1267@gmail.com	MAH MHD MEG MSO MPS MPA BSC BTS DTS CFN CNCC BDP CIG CTE CTS CUL <b>BPP * (On Hold)</b>	Monday to Saturday: 10:00 am to 4:00 pm Sunday: 10:30 am to 2:00 pm
10	1268	PROF. N K MANHAS GOVT. DEGREE COLLEGE, BHADERWAH, J&K- 182222	01997-244155 ignou1268@gmail.com	MPS MEG PGDRD BCOM BTS BSC BA BSW DPLAD CES CFN CPM CTE CTS CUL CPLT <b>BPP *</b> <b>(On Hold)</b>	Monday to Saturday: 2:00 pm to 5:00 pm Sunday: 10:00 am to 2:00 pm
11	1212-P	DR. SANGEETA GUPTA DEPARTMENT OF LIBRARY SCIENCE, UNIVERSITY OF JAMMU, JAMMU, J&K- 180006.	0191-2436778 sangitauniv@gmail.com ignou1212@gmail.com	MLIS BLIS CLIS	Tuesday to Friday: 5:00 pm to 6:30 pm Saturday: 3:00 pm to 5:00 pm Sunday: 11:00 am to 2:00 pm Monday & Holidays closed
12	1257-P	PROF. NEELAM BHAGAT PROGRAMME I/C GOVT. COLLEGE FOR WOMEN, GANDHI NAGAR, JAMMU- 180004.	0191-2435158 ignou1257@gmail.com	MSC (DFSM) DNHE CFN CNCC	All working days excluding Sundays: 2:00 pm to 4:00 pm
13	1227-D (Jail)	SALEM AHMED BEIG DISTRICT JAIL, AMBPHALLA, JAMMU- 180001.	0191-2579358 ignou1227@gmail.com	BSW BCOM BTS BA CIT CTS DTS CWED CFN <b>BPP * (On Hold)</b>	<b>For Jail inmates only</b>
14	1256-D (Jail)	SH. HARISH KOTWAL SUPDT. DISTRICT JAIL, UDHAMPUR (J&K)-182101	01992-270332 ignou1256@gmail.com	CIT CFN <b>BPP * (On Hold)</b>	<b>For Jail inmates only</b>

15	1270-D (Jail)	SH. DINESH SHARMA CENTRAL JAIL, KOT BHALWAL, JAMMU- 181122.	0191-2623050 ignou1270@gmail.com	BA BCOM BTS <b>BPP * (On Hold)</b>	<b>For Jail inmates only</b>
16	1280	MRS. VANDANA SHARMA BHARGAVA DEGREE COLLEGE, NATIONAL HIGHWAY, NEAR BASANTAR BRIDGE, SAMBA, JAMMU- 184121.	01923-246169-70 01923-246169-246170 ignou1280@gmail.com	MEG MSO BA BCOM BTS <b>BPP * (On Hold)</b>	Monday to Saturday: 9:30 am to 2:30 pm
17	1284	PROF. BHARAT SINGH GOVT. DEGREE COLLEGE, RAMBAN, KAROL KUNDI, P.O: CHANDERKOTE, J&K- 182148	01998-266779 ignou1284@gmail.com	BA BTS DTS CIT CFN CES CTS CCP <b>BPP * (On Hold)</b>	All working days: 10:00 am to 4:00 pm Sundays & Holidays closed
18	1285	PROF. MOHINDER PAL GOVT. COLLEGE FOR WOMEN, GANDHI NAGAR, JAMMU, J&K- 180004	0191-2435152 ignou1285@gmail.com	BA BCOM DAFE CES <b>BPP * (On Hold)</b>	Monday to Saturday: 2:00 pm to 3:00 pm Sundays: 10:00 am to 4:00 pm

19	12102	PROF. TARSEM LAL GOVT. DEGREE COLLEGE, VILLAGE: PALWAN, AKHNOOR, JAMMU- 181201	<a href="mailto:ignou12102@gmail.com">ignou12102@gmail.com</a> 9419132465	BA <b>BPP * (On Hold)</b>	Working days: 3:00 pm to 4:00 pm Sundays: 10 am to 1 pm Mondays & Gazetted Holidays Closed
20	12103	DAYA VILAS GOVT. G L DOGRA MEMORIAL DEGREE COLLEGE, HIRA NAGAR, KATHUA, J&K-184142	<a href="mailto:ignou12103@gmail.com">ignou12103@gmail.com</a> 01922-274161	BA CDM CHR <b>BPP * (On Hold)</b>	Monday to Saturday: 3:00 pm to 5:00 pm
21	12104-D (Jail)	MUSHTAQ AHMED MALLA DISTT. JAIL, NAGRI ROAD, KATHUA-184101	<a href="mailto:ignou12104@gmail.com">ignou12104@gmail.com</a> 01922-234771	BA <b>BPP * (On Hold)</b>	<b>For Jail inmates only</b>
22	12105-P	PROF. ARTI BAKHSHI DEPTT OF PSYCHOLOGY, UNIVERSITY OF JAMMU, JAMMU-180006	<a href="mailto:ignou12105@gmail.com">ignou12105@gmail.com</a> 01912453996 0191-2435248/2435259	MAPC CIG	Monday to Friday: 03:00 pm to 5:00 pm Holidays closed
23	12108-P	PROF. RAJNI DHINGRA, DEPTT. OF HOME SCIENCE, UNIVERSITY OF JAMMU, JAMMU- 180006.	<a href="mailto:ignou12108@gmail.com">ignou12108@gmail.com</a> 9419104644	MSCCFT PGDCFT	Monday to Friday: 03:00 pm to 5:00 pm Holidays closed

24	12111-D (RA)	RITU SHARMA SURYA COLLEGE OF EDUCATION, LOGATE MORH, NATIONAL HIGHWAY, KATHUA, J&K-184101	<a href="mailto:ignou12111@gmail.com">ignou12111@gmail.com</a> 9419354600	MAEDU PGDHE BA <b>BPP * (On Hold)</b>	Monday to Saturday 10:00 am 5:00 pm Sundays & Holidays closed
25	12116	PROF. ANIL KHAJURIA GOVT. DEGREE COLLEGE, RAMNAGAR, DISTT: UDHAMPUR, J&K-182122	<a href="mailto:ignou12116@gmail.com">ignou12116@gmail.com</a> 9419264268	MSO BA <b>BPP * (On Hold)</b>	Monday to Saturday 1:00 pm 4:00 pm  Sundays & Holidays Off
26	12118	PROF. SHOKIT HUSSAIN GOVT. DEGREE COLLEGE, MENDHAR, DISTT: POONCH, J&k-185211	<a href="mailto:ignou12118@gmail.com">ignou12118@gmail.com</a> 01965-226793	MPS MSO BA DUL CUL <b>BPP * (On Hold)</b>	Monday to Saturday 1:00 pm 4:00 pm  Sundays & Holidays Off
27	12119	PROF. P L SURI BHARTIYA COLLEGE OF EDUCATION, INDUSTRIAL ESTATE, DHAR ROAD, UDHAMPUR, J&K- 182101	<a href="mailto:ignou12119@gmail.com">ignou12119@gmail.com</a> 01992-277843/272114	BA <b>BPP * (On Hold)</b>	Monday to Saturday 10:00 am 5:00 pm  Sundays & Holidays 10:00 am to 2:00 pm
28	12123	PROF. NIDHI KOTWAL GOVT. COLLEGE FOR WOMEN PARADE, JAMMU-180001	<a href="mailto:ignou12123@gmail.com">ignou12123@gmail.com</a> 9469214619	BA <b>BPP * (On Hold)</b>	
29	12125-P	DR. CHANDER PARKASH GOVT. DISTRICT HOSPITAL, GANDHI NAGAR, JAMMU-180004	<a href="mailto:ignou12125@gmail.com">ignou12125@gmail.com</a> 9419162079	BPCCHN <b>Sponsored programme</b>	
30	12126-P	DR. VIJAY RAINA GOVT. DISTRICT HOSPITAL UDHAMPUR- 182101	<a href="mailto:ignou12126@gmail.com">ignou12126@gmail.com</a> 9419194988	BPCCHN <b>Sponsored programme</b>	

<b>31</b>	12127	MS. INDERJEET KOUR SANT MELA SINGH COLLEGE OF EDUCATION, DIGIANA, JAMMU-180010	<a href="mailto:ignou12127@gmail.com">ignou12127@gmail.com</a> 9682300926	BA <b>BPP * (On Hold)</b>	
<b>32</b>	12128	MS. RANJANA KHAJURIA KALRA COLLEGE OF EDUCATION, NH-1A, BYE PASS, OPP. NEW INDUSTRIAL AREA, BATTAL BALLIAN, UDHAMPUR, J&K-182126	<a href="mailto:ignou12128@gmail.com">ignou12128@gmail.com</a> 7006752551	BA, MAEDU, BED <b>BPP * (On Hold)</b>	
<b>33</b>	12130-P	DR. CHITRA VAISHNAVI, GOVT. DISTT. HOSPITAL, KATHUA	<a href="mailto:Ignou12130@gmail.com">Ignou12130@gmail.com</a>	BPCCHN	
<b>34</b>	12131-P	DR. RAKIA PARVEEN, GOVT. DISTT. HOSPITAL, RAJOURI	<a href="mailto:Ignou12131@gmail.com">Ignou12131@gmail.com</a>	BPCCH-N	

**Updated on 18/11/2019**